

COOPERATIVE PARENTING FOR HIGH CONFLICT FAMILIES

About the Program

Cooperative Parenting for High Conflict Families is a court ordered program designed as a psycho-education group to be conducted in four (4) sessions. The group's focus is on educating parents about the impact their high conflict behavior has on their children. These hands-on, participation-driven classes will teach effective problem solving skills and conflict resolution. To educate, teach and demonstrate cooperative parenting skills and appropriate communication, role plays and case studies will be part of the program.

Participation

Each Session will last 1.5 hours. A total commitment of six (6) hours is required of each participant.

Eligibility

Mother-father pairs who are experiencing high conflicts which negatively impact on successful co-parenting. Admission to the group will be conducted through court order.

Goals of the Program

With the idea that knowledgeable, well-equipped parents make for happier and safer children, the goals of this program are to reduce the level of family conflicts and increase the level of cooperative parenting. Cooperative Parenting for High Conflict Families is a proposal designed to help high conflict parents not only learn co-parenting and communication skills, but to understand why compromise, cooperation and communication are generally preferable to costly litigation and courtroom battles.

Court Contact

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